



TARGETED LUNG HEALTH CHECK

As part of a national pilot programme for patients aged 55-74 years old, who are current smokers or have previously smoked, you were invited for a Lung Health Check.

I HAVE NOT BEEN OFFERED A CT SCAN. WHAT DOES THIS MEAN?

EITHER, our records show you have had a CT scan of your chest within the last year. If you have had this done then it is likely that any serious lung disease including lung cancer would have been picked up. The small harms associated with a having CT scan, (e.g. radiation dose although it is very low), are likely to outweigh any benefits of having a further CT scan now.

OR Good news! Your lung risk score is below the risk threshold where we can refer you for a CT scan. Current research within the UK Lung Cancer Screening trial suggests that, at your current risk score, if you have a CT scan it would not have a high chance of finding an early lung cancer.

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What you should do now:

You can reduce your risk of lung cancer and any other lung disease by following the advice the nurse gives you today and which is in the “Why are healthy lungs important” leaflet. If you smoke this is a great opportunity to think about giving up.

At present you have no worrying lung symptoms, which is good.

However, in future if you are worried about your lungs or you do get any worrying lung symptoms it is important to go and see your GP early. The earlier you go the better your chance of treatment/cure if you have anything seriously wrong.

Thank you for attending this appointment.
Today we gave you good news but also
some very helpful information for the future

