



ROY CASTLE
LUNG CANCER
FOUNDATION

LET GO OF THE LABELS

**DON'T LET LABELS
DISTORT THE
REAL PICTURE**



**NICK WAS TOLD HIS
COUGH WAS JUST A
SMOKER'S COUGH.**

**THIS WENT
ON FOR
TWO YEARS.**

Lung cancer can affect anyone but labels like '*smoker*' and '*non-smoker*' can distort what's really going on and stop people being diagnosed earlier.

KNOW THE SYMPTOMS AND TAKE ACTION:

- Persistent cough
- Shortness of breath
- Repeat chest infections
- Coughing up blood
- Chest pain
- Feeling tired for no reason
- Back or shoulder pain
- Hoarseness or wheezing
- A lump in your neck
- Finger clubbing
- Unexplained weight loss or loss of appetite.

